

# S.O.A.P. Instructions

S.O.A.P. is an acronym to help us as we spend time reading the Bible and thinking about how it applies to our lives.

Begin by reading the passage chosen for that day – there is no right or wrong passage to read. Eastside has recommended passages for each day that follow our sermon series. You can find them on the website <http://eastsidechurchwmbg.org> and in the church bulletin. Other options include reading a Psalm each day, or a Proverb or a chapter from the Gospels. The important thing is to read a passage from the Bible.

## S is for Scripture

**What verse or verses stood out to you the most?** After reading the Bible passage for the day, write down the verse that stood out to you the most.

## O is for Observation

**What about that verse stood out to you? What did you observe?** Write down what stood out to you.

## A is for Application

**How might you apply this verse to your life? What do you need to do or change or continue?** Write down the application.

## P is for Prayer

**Ask God to help you apply this verse in your life.** We do not have to implement the truth of Scripture in our lives alone. God wants to do this with us. He poured out His Spirit into our hearts because He loves us. Ask Him to give you the faith and courage to apply this verse to our lives. In Christ, we can choose this.